

**CURRICULUM VITAE**

Name and Surname: ZEYNEP ARIKAN

Academic Title: Research Assistant

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Foreign Languages Known (Score and Year): English, B2 Upper Intermediate, 2020

Degree	Department/Program	University	Year
Doctorate	FİZYOTERAPİ VE REHABİLİTASYON (DR)	Ankara Yıldırım Beyazıt University	Continues
Master's Degree	FİZİK TEDAVİ VE REHABİLİTASYON (YL) (TEZLİ)	Bolu Abant İzzet Baysal University	2023
Bachelor's Degree	FİZYOTERAPİ VE REHABİLİTASYON PR.	Bolu Abant İzzet Baysal University	2018

Master's Thesis Title (abstract attached) and Thesis Supervisor(s):

Obstetrik brakial pleksus paralizili çocuklara bakımverenlerde ağrı, yaşam kalitesi ve etkilenmişlik düzeyinin değerlendirilmesi

Position Title	Workplace	Year
Research Assistant	Afyonkarahisar Health Sciences University	2023-Continues

PUBLICATIONS**A. Articles published in international peer-reviewed journals:**

- A1. "THE ROLE OF EVIDENCE-BASED PRACTICE IN THE FIELD OF PHYSIOTHERAPY AND REHABILITATION IN TÜRKİYE FROM THE PERSPECTIVES OF STUDENTS, ACADEMICIANS, AND CLINICIANS: A PILOT STUDY", Türk Fizyoterapi ve Rehabilitasyon Dergisi, 2025.
- A2. "Assessment of Pain, Quality of Life, and Impaction in Caregivers of Children with Obstetric Brachial Plexus Paralysis", Turkish Archives of Pediatrics, 2025.
- A3. "Reliability and validity of the single- and dual-task Figure-of-8 Walk tests in stroke patients", Neurological Research, 2025.
- A4. "The relationship of 2D:4D finger ratio to cognitive and motor performance in university students: A comparison of single- and dual-task conditions", Applied Neuropsychology: Adult, 2025.

B. Papers presented at international scientific meetings and published in proceedings:

- B1. "Diyet ve Egzersize Yönelik İlginin Dönüşümü: Google Trends Verilerine Dayalı Bir Analiz", II. International Cappadocia Health and Life Congress (ICHELIC-2025), 2025.
- B2. "Türkiye’de Telerehabilitasyon Konusu ile İlgili Yapılan Lisansüstü Tezlerin İncelenmesi", II. Uluslararası Kapadokya Sağlık ve Yaşam Kongresi, 2025.

- B3. "INVESTIGATION OF THE RELATIONSHIP BETWEEN TRUNK MUSCLE STRENGTH AND TRUNK BALANCE AND FUNCTIONALITY IN INDIVIDUALS WITH SPINAL CORD INJURY", 9TH INTERNATIONAL ACHARAKA CONGRESS ON MEDICINE, NURSING, MIDWIFERY, AND HEALTH SCIENCES, 2024.
- B4. "A COMPARISON OF NECK MUSCLE STRENGTH, RESPIRATORY FUNCTIONS AND PHONATION STATUS IN CIGARETTE SMOKING AND NON-SMOKING UNIVERSITY STUDENTS", 9TH INTERNATIONAL ACHARAKA CONGRESS ON MEDICINE, NURSING, MIDWIFERY, AND HEALTH SCIENCES, 2024.
- B5. "FOCUSED RADIOFREQUENCY THERAPY", 3RD INTERNATIONAL ASKLEPIOS CONGRESS ON MEDICINE, NURSING, MIDWIFERY, AND HEALTH SCIENCES, 2024.
- B6. "WHOLE-BODY ELECTROMYOSTIMULATION (WB-EMS)", 3RD INTERNATIONAL ASKLEPIOS CONGRESS ON MEDICINE, NURSING, MIDWIFERY, AND HEALTH SCIENCES, 2024.
- B7. "INVESTIGATION OF HEALTH LITERACY LEVELS OF PHYSIOTHERAPISTS: A PILOT STUDY", 7. Uluslararası Artemis Sağlık ve Spor Bilimleri Kongresi, 2024.
- B8. "AMUDA KALKMA BİYOMEKANİĞİ", 7. ULUSLARARASI SAĞLIK BİLİMLERİ VE YAŞAM KONGRESİ (IHSLC 2024), 2024.
- B9. "THE RELATIONSHIP BETWEEN QUALITY OF LIFE AND SLEEP QUALITY IN CAREGIVERS OF CHILDREN WITH OBSTETRIC BRACHIAL PLEXUS PARALIS", 14TH INTERNATIONAL ISTANBUL SCIENTIFIC RESEARCH CONGRESS ON HEALTH SCIENCES, 2023.

E. Papers presented at national scientific meetings and published in proceedings:

- E1. "Genç bireylerde 2D:4D parmak oranı ile motor ve bilişsel performans arasındaki ilişkinin incelenmesi", 25. Ulusal Anatomi Kongresi, 2025.