

CURRICULUM VITAE

Name and Surname: Ersin BEŞTAŞ
Academic Title: Assistant Professor
Work Address:
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Area of Expertise: Health Sciences
Internal Medicine Sciences
Medicine
Physical Medicine and Rehabilitation

Degree	Department/Program	University	Year
Medical Specialty	Department Of internal Medical Sciences	Afyonkarahisar Health Sciences University	2022
Bachelor's Degree	TIP PR.	Dokuz Eylül University	2014

Doctoral Thesis/Proficiency Study/Medical Specialization Thesis Title (abstract attached) and Supervisor(s):

Ankilozan spondilitli hastalarda kaplıca tedavisi, su içi egzersizi ve kara egzersizinin hastalık aktivitesi, semptomları, uyku kalitesi, yaşam kalitesi ve serum sklerostin seviyesi üzerine olan etkileri

Position Title	Workplace	Year
Assistant Professor	Afyonkarahisar Health Sciences University	2022-Continues

PUBLICATIONS

A. Articles published in international peer-reviewed journals:

- A1. "Effect of Robotic Rehabilitation on Hand Functions and Quality of Life in Children With Cerebral Palsy A Prospective Randomized Controlled Study", American Journal of Physical Medicine & Rehabilitation, 2024.
- A2. "Evaluation of finger strength and spasticity in hemiplegic patients using hand-finger robotic device A validity and reliability study", Medicine, 2023.
- A3. "The comparison of effects of balneotherapy, water-based and land-based exercises on disease activity, symptoms, sleep quality, quality of life and serum sclerostin level in patients with ankylosing spondylitis: A prospective, randomized study", Archieve of Rheumatology, 2022.

D. Articles published in national peer-reviewed journals:

- D1. "Effect of different DMARD use on the frequency of urinary infection in patients with rheumatoid arthritis", Anatolian Curr Med J., 2024.